Soon, a droplet of blood to detect cancer

ANI Apr 6, 2012, 01:31PM IST

Researchers have come up with a new microfluidics-based microarray technology that could one day radically change how and when cancer is diagnosed.

Early cancer diagnosis is still challenging as testing by mammography remains cumbersome, costly, and in many cases, cancer can only be detected at an advanced stage.

For years, scientists have worked to develop blood tests for cancer based on the presence of the Carcinoembryonic Antigen (CEA), a protein biomarker for cancer identified over 40 years ago by McGill University's Dr. Phil Gold.

This biomarker, however, is also found in healthy people and its concentration varies from person to person depending on genetic background and lifestyle.

As such, it has not been possible to establish a precise cut-off between healthy individuals and those with cancer.

"Attempts have been made to overcome this problem of person-to-person variability by seeking to establish a molecular 'portrait' of a person by measuring both the concentration of multiple proteins in the blood and identifying the signature molecules that, taken together, constitute a characteristic 'fingerprint' of cancer," explained Dr. David Juncker, the team's principal investigator.

"However, no reliable set of biomarkers has been found, and no such test is available today. Our goal is to find a way around this."

Dr. Mateu Pla-Roca, the study's first author, along with members of Juncker's team, began by analysing the most commonly used existing technologies that measure multiple proteins in the blood and developing a model describing their vulnerabilities and limitations.

Specifically, they discovered why the number of protein targets that can be measured simultaneously has been limited and why the accuracy and reproducibility of these tests have been so challenging to improve.

Armed with a better understanding of these limitations, the team then developed a novel microfluidics-based microarray technology that circumvents these restrictions.

Using this new approach, it then became possible to measure as many protein biomarkers as desired while minimizing the possibility of obtaining false results.

Juncker's biomedical engineering group, together with oncology and bioinformatics teams from McGill's Goodman Cancer Research Centre, then measured the profile of 32 proteins in
the blood of 11 healthy controls and 17 individuals who had a particular subtype of breast cancer (estrogen receptor-positive).

The researchers found that a subset of six of these 32 proteins could be used to establish a fingerprint for this cancer and classify each of the patients and healthy controls as having or not having breast cancer.

"While this study needs to be repeated with additional markers and a greater diversity of patients and cancer subsets before such a test can be applied to clinical diagnosis, these results nonetheless underscore the exciting potential of this new technology," said Juncker.

Looking ahead, Juncker and his collaborators have set as their goal the development of a simple test that can be carried out in a physician's office using a droplet of blood, thereby reducing dependence on mammography and minimizing attendant exposure to X-rays, discomfort and cost.

His lab is currently developing a hand-held version of the test and is working on improving its sensitivity so as to be able to accurately detect breast cancer and ultimately, many other diseases, at the earliest possible stage.

The study has been published in the journal Molecular 'n' Cellular Proteomics.

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Rajinder Bhalla (New Delhi, India)
06 Apr, 2012 03:16 PM

There is no possibility of any cure of any of lifestyle diseases such as cancer etc. However these can be cured completely by lifestyle changes. But that would mean no profits for pharma giants. Changes in fluid drinking holds the cure for all diseases. Cancer can be cured in 48 hours bv these changes. But is anyone willing to listen.